

Esthetics Clarifications

Updated - 02/28/2019

The following questions have come up regarding the SkillsUSA Esthetics Competition.

1. Cleansing Massage – This is addressed in the SkillsUSA National Technical Standards as part of the competition (reference page 4) as follows:

- EST 2.0 — Cleansing Massage (15 minutes)
- 2.1 Preparation
- 2.2 Remove cleanser from container using infection control procedures
- 2.3 Demonstration of cleansing the face
 - 2.3.1 Cleanse the lips safely
 - 2.3.2 Cleanse eye area safely
 - 2.3.3 Distribute cleanser over entire face safely
 - 2.3.4 Cleanse entire face safely (cleansing massage only)
 - 2.3.5 Demonstration of massaging the face
 - a. Distribute massage product over entire face safely
 - b. Demonstrate effleurage movement
 - c. Demonstrate petrissage movement
 - d. Demonstrate tapotement movement
 - e. Demonstrate friction movement/vibration movement
 - f. Maintain continuous contact during massage
 - 2.3.6 Remove massage product without dragging or pulling skin
 - 2.3.6 Remove all residual cleansing massage product safely

2. May the contestant apply flash lashes for daytime/evening makeup?

Do not apply lashes for daytime/evening makeup. I would have to be taken back off and put back on for the fantasy portion of the competition.

3. I need to know do you leave the cleanser on the face without removing it and then put the massage cream straight over it, then perform the 4 massage steps.

The cleanser is the massage product. It is to ensure a thorough cleaning.

The competitor will apply the product as taught. The competitor will then massage the cleaning product around the face.

The competitor will show the massage manipulations listed, then remove the product as taught.

The competitors will then be instructed when to continue with the rest of the facial as listed.

This follows the Skills USA guidelines, as well as allows judges to assess that each competitor is doing the massage techniques correctly.

4. Can prosthetics be used?

Yes. That is made clear in the guidelines for each competition.